I CLAIMS OF THE INVENTION

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or surfaces.

2 1. A system of two separate panels of computer keyboard means for reducing the motions 3 and promoting the ergonomic posture of the shoulders and upper arms of a computer-4 keyboard user operating a computer and a laptop computer wherein a first independent 5 computer keyboard panel member comprising all computer keyboard keys bearing all 6 numerics, alphabets, words, symbols, signs and functions to the left of keys 5, T, G, B 7 universally found on computer keyboards including keys 5, T, G, B and their associated symbols and functions, a first Space-key, a first Enter-key and a first camera means for 8 9 surveillance, and a second independent computer keyboard panel member comprising all 10 keyboard keys bearing all numerics, alphabets, words, symbols, signs and functions to the 11 right of keys 6, Y, H, N universally found on computer keyboards including keys 6, Y, H, N 12 and their associated symbols, a second Space-key, a second Enter-key and a second camera 13 means for surveillance, wherein said panel members comprising computer mouses, balls, 14 buttons, wheels, dials, and scrolling and pointing devices, and wherein said panel adaptable

2. A system of two separate panels of computer keyboard means for reducing the motions and promoting the ergonomic posture of the shoulders and upper arms of a computer-keyboard user operating a computer and a laptop computer wherein a first independent computer keyboard panel member comprising all computer keyboard keys bearing all numerics, alphabets, words, symbols, signs and functions to the left of keys 5, T, G, B universally found on computer keyboards including keys 5, T, G, B and their associated symbols and functions, a first Space-key, a first Enter-key and a first camera means for surveillance, and a second independent computer keyboard panel member comprising all keyboard keys bearing all numerics, alphabets, words, symbols, signs and functions to the right of keys 6, Y, H, N universally found on computer keyboards including keys 6, Y, H, N and their associated symbols, a second Space-key, a second Enter-key and a camera means for surveillance,

to be indepedently positioned, moved and maneuvered in different directions on any surface

wherein said panel members comprising computer mouses, balls, buttons, wheels, dials, and

- 2 scrolling and pointing devices, and wherein said first panel adaptable to be indepedently
- 3 positioned, moved and maneuvered in different directions on any surface or surfaces
- 4 comprises:
- 5 a first independent left-panel computer keyboard means for reducing the motions of the left
- 6 shoulder and upper arm;
- 7 said first independent left-panel computer keyboard means for reducing the stress on the left
- 8 shoulder and upper arm;
- 9 a first Return-key;
- 10 a first Enter-key;
- a first camera means for scrutinizing the shoulder and upper arm with adjustably swivelling
- lens;
- 13 a second independent right-panel computer keyboard means for reducing the motions of the
- 14 right shoulder and upper arm;
- said second independent righ-panel computer keyboard means for reducing the stress on the
- 16 right shoulder and upper arm;
- 17 a second Return-key;
- 18 a second Enter-key;
- 19 a second camera means for scrutinizing the shoulder and upper arm with adjustably swiveling

- lens;
- 2 a shoulder-arm positioning sensor means for monitoring a position of shoulder and upper
- 3 arm;
- 4 a means for positioning a shoulder and upper arm;
- 5 a means for monitoring a position of a shoulder and upper arm;
- 6 a means for compelling a desired position of a shoulder and upper arm;
- 7 a means for maintaining a posture of a shoulder and upper arm;
- 8 a timing means for permitting the amount of time of disengagement of the hand, wrist and
- 9 forearm from said means;
- 10 a computer software means for computing and analyzing the information and data on the
- movements, positions, orientations and degree of stress on the shoulder and upper arm
- 12 generated by the interaction between the hand, wrist and forearm and said means;
- a base supporting means for variably affixing a position of said panel; and
- a traction means for adjustably affixing a position of said panel.
- 15 3. The system of two separate panels of computer keyboard means according to claim 2
- wherein said first independent left-panel computer keyboard means for reducing the motions
- of the left shoulder and upper arm comprises a chassis supporting all computer keyboard keys
- bearing all numerics, alphabets, words, symbols, signs and functions to the left of keys 5, T,
- 19 G, B universally found on computer keyboards including keys 5, T, G, B and their associated

symbols and functions, a first Space-key and a first Enter-key to the sides of said keyboard

- 2 keys, and a first camera means for surveillance, computer mouses, balls, buttons, wheels,
- 3 dials, and scrolling and pointing devices.
- 4 4. The system of two separate panels of computer keyboard means according to claim 2
- 5 wherein said second independent right-panel computer keyboard means for reducing the
- 6 motions of the right shoulder and upper arm comprises a chassis supporting all computer
- 7 keyboard keys bearing all numerics, alphabets, words, symbols, signs and functions to the
- 8 right of keys 6, Y, H and N universally found on computer keyboards including keys 6, Y, H,
- 9 N and their associated symbols and functions, a second Space-key and a second Enter-key to
- the sides of said keyboard keys and a second camera means for surveillance, computer
- mouses, balls, buttons, wheels, dials, and scrolling and pointing devices.
- 12 5. The system of two separate panels of computer keyboard means according to claim 2
- wherein said shoulder-arm positioning sensor means for monitoring a position of shoulder
- and upper arm is a plurality of cameras having swivelling lenses.
- 15 6. The system of two separate panels of computer keyboard means according to claim 2
- wherein said means for positioning a shoulder and upper arm comprises a hand-wrist-forearm
- support means for effecting an ergonomic flexion angle at the elbow between the forearm and
- 18 the upper arm and an ergonomic posture of the ipsilateral shoulder and upper arm.
- 7. The system of two separate panels of computer keyboard means according to claim 2
- wherein said means for monitoring a position of a shoulder and upper arm comprises a hand-
- 21 wrist-forearm support means for effecting an ergonomic flexion angle at the elbow between
- 22 the forearm and the upper arm and an ergonomic posture of the ipsilateral shoulder and upper
- 23 arm.
- 24 8. The hand-wrist-forearm support means according to claim 7 comprises a contact-sensor

1 means for monitoring the positions, orientations of and contacts between the hand, wrist and

- 2 forearm and the contact-sensor means.
- 9. The hand-wrist-forearm support means according to claim 7 comprises a heat-cold sensor
- 4 means for detecting and monitoring the heat emitted by the hand, wrist and forearm.
- 5 10. The hand-wrist-forearm support means according to claim 7 comprises a pressure-sensor
- 6 means for monitoring the pressures and forces being exerted by the hand, wrist and forearm
- 7 on the pressure-sensor means.
- 8 11. The system of two separate panels of computer keyboard means according to claim 2
- 9 wherein said means for compelling a desired position of a shoulder and upper arm comprises
- a hand-wrist--forearm configuration supporting mold means for adjustably coupling a hand
- and forearm with said panel.
- 12. The hand-wrist-forearm configuration supporting mold means according to claim 11
- comprises a contact-sensor means for monitoring the positions, orientations of and contacts
- between the hand, wrist and forearm and the contact-sensor means.
- 15 13. The hand-wrist-forearm configuration supporting mold means according to claim 11
- 16 comprises a temperature sensor means for detecting and monitoring the heat emitted by the
- 17 hand, wrist and forearm.
- 18 14. The hand-wrist-forearm configuration supporting mold means according to claim 11
- 19 comprises a sensor for detecting and measuring a range of pressures and/or forces being
- 20 exerted by the ipsilateral hand, wrist and forearm on said supporting mold means.
- 21 15. The hand-wrist-forearm configuration supporting mold means according to claim 11
- comprises an on-off switch means for turning on and off the function of said panel.

1 16. The hand-wrist-forearm configuration supporting mold means according to claim 11

- 2 comprises a timing device for permitting a certain period of disengagement of hand, wrist and
- 3 forearm from said supporting mold means.
- 4 17. The system of two separate panels of computer keyboard means according to claim 2
- 5 wherein said means for maintaining a posture of a shoulder and upper arm comprises:
- 6 a contact-sensor means for monitoring the positions, orientations of and contacts between the
- 7 hand, wrist and forearm and the contact-sensor means;
- 8 a temperature sensor means for detecting and monitoring the heat emitted by the hand, wrist
- 9 and forearm;
- 10 a sound generating device;
- 11 a sound detecting device;
- 12 a sensor for detecting and measuring a range of pressures and/or forces being exerted by the
- ipsilateral hand, wrist and forearm on said supporting mold means;
- an on-off switch means for turning on and off the function of said panel;
- a timing device for permitting a certain period of disengagement of hand, wrist and forearm
- 16 from said supporting mold means; and
- a camera means for surveillance a position of the shoulder and upper arm.
- 18. A system of two separate panels of computer keyboard means for reducing the motions
- 19 and promoting the ergonomic posture of the shoulders and upper arms of a computer-

- 1 keyboard user operating a computer and a laptop computer comprises:
- 2 a first independent panel in a first chassis comprising all computer keyboard keys bearing all
- 3 numerics, alphabets, words, symbols, signs and functions to the left of keys 5, T, G, B
- 4 universally found on computer keyboards including keys 5, T, G, B and their associated
- 5 symbols and functions, a first Space-key, a first Enter-key and a first camera means for
- 6 surveillance, computer mouse, ball, button, wheel, dial and scrolling and pointing devices;
- 7 a second independent computer keyboard panel member comprising all keyboard keys
- 8 bearing all numerics, alphabets, words, symbols, signs and functions to the right of keys 6, Y,
- 9 H, N universally found on computer keyboards including keys 6, Y, H, N and their associated
- symbols, a second Space-key, a second Enter-key and a second camera means for
- surveillance, computer mouse, ball, button, wheel, dial and scrolling and pointing devices.
- a means for positioning a shoulder and upper arm;
- a means for monitoring a position of a shoulder and upper arm;
- a means for compelling a desired position of a shoulder and upper arm;
- a means for maintaining a posture of a shoulder and upper arm;
- a timing means for permitting the amount of time of disengagement of the hand, wrist and
- 17 forearm from said means;
- a camera means for surveillance a position of the shoulder and upper arm;
- 19 a computer software means for computing and analyzing the information and data on the
- 20 movements, positions, orientations and degree of stress on the shoulder and upper arm

1 generated by the interaction between the hand, wrist and forearm and said means;

- 2 a housing means for compacting and storing said panels in a computer;
- a housing means for compacting and storing said panels in a laptop computer;
- 4 a housing means for compacting and storing said panels in a portable computer;
- 5 a retracting means for positioning, moving and maneuvering in different directions said
- 6 panels;
- 7 a swivel means for positioning, moving and maneuvering in different directions said panels;
- 8 a hinge means for positioning, moving and maneuvering in different directions said panels;
- 9 a base supporting means for variably affixing a position of said panel; and
- a traction means for adjustably affixing a position of said panel.